
Report on Workshop cum Hands on Training Program on Cardiopulmonary Resuscitation awareness Organized by Faculty of Pharmacy incollaboration with IIAHSR and IINSR

Communication Cell IUL <communications@iul.ac.in>
Bcc: phfc@iul.ac.in

Mon, Jan 5, 2026 at 7:14 AM

**A Report on Workshop cum Hands on Training Program
on
Cardiopulmonary Resuscitation awareness
(13-17 October, 2025)**Under the aegis of Indian Pharmacopoeia Commission,
Ministry of Health & Family Welfare, Government of India.

Cardio Pulmonary Resuscitation (CPR) Awareness Week (From 13-17 October) is an important initiative dedicated to educating the public about the life-saving technique of CPR. The event aligned with UNSDGs 3 (Good Health and Well-being) and 4 (Quality Education). The objective of the week was to raise awareness about the critical role, CPR, plays in emergency situations where someone's heart or breathing has halted. By promoting CPR training and knowledge, the campaign empowers individuals to act quickly and confidently in emergencies, significantly increasing the chances of survival for cardiac arrest victims.

During CPR Awareness Week, various organizations, healthcare professionals, and community groups come together to offer workshops, demonstrations, and resources to teach people the proper steps of CPR. The focus is on ensuring that people understand when and how to perform chest compressions and rescue breaths effectively. This awareness week highlighted the fact that immediate bystander CPR can double or even triple survival rates before emergency medical services arrive. Moreover, CPR Awareness Week encourages people to learn how to use automated external defibrillators (AEDs), which are often found in public places and can be crucial in restoring a normal heart rhythm. The week serves as a reminder that life-saving skills like CPR are not limited to healthcare providers; anyone can make a difference in saving lives.

A **training session** was organized on October 17, for health care professionals and students through expert session, by **Ms. Jyoti Sunar**, Assistant Professor, IINSR. She performed step-wise process of CPR, including assessment of consciousness, checking breathing, calling for help, initiating chest compressions, and maintaining proper rhythm and depth. Participants were trained in the proper use of emergency equipment and techniques for managing choking, bleeding, and shock. The training also covered the importance of rapid response before medical help arrives. The program was concluded with a collective pledge by the participants, affirming their commitment to:

- Acquire and update CPR skills regularly
- Respond responsibly and confidently during emergencies
- Spread awareness of life-saving techniques in their communities
- Promote safe practices and support public health initiatives

The program successfully enriched participants with essential life-saving skills and promoted social responsibility among the attendees. The program was convened by Prof. (Dr.) Badruddeen (Coordinator AMC) and Prof. (Dr.) Ashfaque Khan (Director, IIAHSR).



Prof. (Dr.) Juber Akhtar,
Head,
Department of Pharmacy.



Prof. (Dr.) Syed. Misbahul Hasan,
Dean,
Faculty of Pharmacy